

# NAGUAL

[www.nagualmusic.com](http://www.nagualmusic.com)

*Nagual* is a Sacramento, California based group that features saxophonist Scott Anderson, guitarist Victor Contreras, congero Harold Muñiz, drummer Ron Ochoa, and bassist Paul Relvas. The members of *Nagual* combine their broad range of musical knowledge to create an atmosphere that not only entertains, but also explores the reaches of a wide range of musical landscapes. This professional ensemble emphasizes creativity in an effort to encourage the listener to transcend into unexplored levels of musical appreciation.

*Nagual* has produced two CDs that feature finely crafted original music that is in sync with the progressive and boundary busting musical philosophies of musicians who are redefining what's been called the 'perfect union' of Latin Jazz. Self produced and recorded, the CDs boast an independent spirit that is a hallmark of the best jazz recordings and the spirit of creativity at every level of production.

Nagual has performed at a numerous venues and music festivals, including the California State University Festival of New American Music, the Sacramento Jazz Festival, and the Painting for Miracles Benefit for the University of California, Davis Children's Hospital.

Please contact Victor Contreras at (916) 922-6067 or [info@nagualmusic.com](mailto:info@nagualmusic.com) for information.

The name *Nagual* comes from a series of books written by Carlos Castaneda, in which Don Juan Matus provides guidance on a Pre-Columbian path of knowledge.

*“Turn off your internal dialogue and let something in you flow out and expand. That something is your perception, but don't try to figure out what I mean. Just let the whispering of the Nagual guide you.”*

Don Juan Matus

