

NAGUAL

www.nagualmusic.com



Nagual is a Sacramento, California based group that features saxophonist Scott Anderson, guitarist Victor Contreras, bassist Paul Relvas, congero Harold Muñiz, and drummer Ron Ochoa. The members of *Nagual* combine their broad range of musical knowledge to create an atmosphere that not only entertains, but also explores the reaches of a wide range of musical landscapes. This professional ensemble emphasizes creativity in an effort to encourage the listener to transcend into unexplored levels of musical appreciation.

The name *Nagual* comes from a series of books written by Carlos Castaneda, in which Don Juan Matus provides guidance on a Pre-Columbian path of knowledge.

The enclosed CD has music samples. Please contact Victor Contreras at (916) 922-6067 or info@nagualmusic.com for information.

“Turn off your internal dialogue and let something in you flow out and expand. That something is your perception, but don't try to figure out what I mean. Just let the whispering of the Nagual guide you.”

Don Juan Matus

